

Western Troy Announces Trench Sample Results in Panama, Commencement of Drilling at MacLeod Lake

TORONTO, ONTARIO--(July 9, 2007) - Western Troy Capital Resources Inc. (TSX VENTURE:WRY, "Western Troy") announced that it has received results of trench sampling conducted by Aurum Exploration on the Viento Frio Project in Panama. Drilling performed by Rayrock in 1999 outlined a near surface gold occurrence (not 43-101 compliant) that covered an area of approximately 900 meters north to south by approximately 150 meters east to west. A road traverses the gold occurrence area. Aurum dug and sampled a 70 meter trench that bordered the south side of the road. Assays showed 38 meters of 0.79 grams of gold per tonne, including 20 meters of 1.5 grams per tonne. These results are consistent with the reported Rayrock assays from drilling in the area. A second 70 meter long trench was dug 210 meters to the south of the southern limit of the Rayrock work. Assays from this trench showed 38 meters of 0.95 grams gold per tonne including 20 meters of 1.53 grams per tonne, and 12 meters of 2.14 grams per tonne. This second trench indicates that the Rayrock work did not define the limits of the gold occurrence. Further surface sampling, mapping, and geophysical surveys are planned for the project area, followed by drilling to commence in the fall and winter of 2007 – 2008.

Drilling commenced at Western Troy's MacLeod Lake Project on June 18, 2007. A 6,000 meter program is anticipated. However, the drilling crews are performing well and getting greater than budgeted drilling advances per shift, so the program may be extended with another 1,000 meters. The program is focused primarily on the South Zone and the area between the Main and South Zones. Initial assays from early holes should be available in approximately 2 weeks. These initial assays will be used to help spot additional holes toward the end of the program.

At its Annual Shareholders Meeting held in Toronto on May 15, 2007, Mr. Nadim Wakeam was appointed to Western Troy's Board of Directors. Mr. Wakeam is an attorney with Blaney McMurtry in Toronto with 22 years experience in corporate and securities law with an emphasis in junior mining ventures. He has worked with Western Troy since late 2005. Western Troy's President, Rex Loesby, commented, "Nadim has been a very valuable member of Western Troy's team with his many years working in the junior mining sector. We are honored to have him join our Board of Directors."

Western Troy has granted 720,000 options to its directors, management, and consultants. These options have been granted pursuant to Western Troy's Stock Option Plan. The options have a term of 5 years and are exercisable at a price of 81 cents per share.

About Western Troy

Western Troy Capital Resources Inc. is a mineral exploration company. Its 100%-owned MacLeod Lake Property hosts a well defined Main Zone of mineralization as outlined by extensive drilling, as well as the South Zone and several IP anomalies of potential interest. The shares of Western Troy trade on the TSX Venture Exchange under the symbol WRY, with 19,073,270 shares outstanding. In October of 2005, Western Troy received an independent Technical Report consistent with National Instrument 43-101 on its MacLeod Lake Property located about 275 km north of Chibougamau, Quebec. The report has been filed on SEDAR and

is available at www.SEDAR.com and on Western Troy's website, www.WesternTroy.com. Western Troy has also entered into an Exploration and Development agreement with Aurum Exploration Inc. of Panama, to earn up to 70 percent of Aurum's interest in the Viento Frío Mineral Exploration Concession, District of Santa Isabel, Colon Province, Panama. The Viento Frío Concession consists of 10,363 hectares (104 square kilometers) of land that is prospective for gold and base metal mineral deposits. The property was explored by Minera Rayrock between 1999 and 2001. Rayrock collected 1,918 soil samples and drilled 24 shallow holes totaling 1710 meters. High silver values in the core and anomalous gold, silver, copper, lead, and zinc values in rock chip and soil samples over a large area indicate the Concession is prospective for a large low-sulfidation epithermal system as well as additional gold/silver deposits.

Contact Information:

Western Troy Capital Resources
Rex E. Loesby, P. E.
President
Tel: (416) 929-3268
Email: RexLoesby@aol.com
Website: www.westerntroy.com

Statements in this release that are forward-looking reflect Western Troy's current views and expectations with respect to its performance, business, and future events. Such statements are subject to various risks and assumptions, some, but not necessarily all, are disclosed elsewhere in the Company's periodic filings with Canadian securities regulators. Such statements and information contained herein represent management's best judgment as of the date hereof based on information currently available; however actual results and events may vary significantly. The Company does not assume the obligation to update any forward-looking statement.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the accuracy or adequacy of this release.